
The WYLIWYG® Principle - Human Mechatronics®

The WYLIWYG® Principle "What are you mentally looking at?"

WYLIWYG® is pronounced, "Will-eee-wig", and is an acronym for, "**Where You Look Is Where You Go.**" If you drive a motor vehicle, ride a bicycle, run, paddle a canoe, fly a plane. throw a baseball, dance and spin a pirouette, shoot a basketball, shoot a rifle at the target range, cast a line fishing, perform an aerial walkover on the balance beam, or just even walk from Point A to Point B, you follow the concept of WYLIWYG®

The underlying action behind WYLIWYG® is the ability to mentally Focus. This is not a Focus that is ocular, in other words, not about eye strength. It is about the Focus of your mind. What are you mentally looking at?

"If you LOOK at the sadness - you will become the sadness." "If you LOOK at the headlights of the oncoming vehicle at night and in the rain - you will likely drive into the oncoming vehicle." There is a definite difference between a Look and a Glance, and that is what we will explore much more in-depth here later.

Using the first facet of the overall science - the DotsDoConnect® concept describes Dots vs. Holes. WYLIWYG: Where You Look Is Where You Go®, the fifth facet, asks if you looking at your Life Experiences which, may have become Holes, i.e., failures, struggles, hurt, pain as such or, are you looking at your Life Experiences which have become steps in your journey ~ positive Dots and aspects of anything you have experienced, and I mean anything. The key word in this question is, LOOKING - not glancing. And what does "positive" mean in this sense? How can there be anything "positive" in some of the experiences we have had to endure? My answer to that is that no matter what you have gone through, the fact you are reading this means you are a fighter and a survivor and are still alive with tomorrow being a brand-new day, and your destiny being an unknown. It is in your hands to at least mentally make a choice to somehow direct your life to the positive. It all starts with a mental choice and the ability to keep a mental Focus on that choice. That, is a "positive" - the fact that you still have that mental choice. The alternative is to give up - and you are not going to do that. Giving up is a feeling that too many have. Feelings are just that - feelings, and they can, and will change, with a desire. That is what the second facet, Aftermations® is here to help you with.

With the human mind, there is focus, and then there is Focus, and then, there is FOCUS! What does it mean to have a good focus? What does it mean to have a powerful Focus? What does it mean to be, "in the zone" FOCUSED? It has everything to do with our mind, our concentration, our "WYLIWYG: Where you look is where you go®", and, how we handle distractions and our "selves."

In itself, Focus is just a word that is easy to generalize on. It is paramount that you understand the, 3Fs of Focusing™: focus, Focus, and FOCUS. It is also important to know extreme levels such as Hyper-focus and its pros vs. cons. These will be elaborated on later but for now let us start there.

Remember the phrase, **WYLIWYG: Where You Look Is Where You Go®**, work hard here to understand it, and it will help guide you to a strong and positive place in life.

You have now been introduced to the new Science of **Human Mechatronics®**. It is a new concept of thinking “about” yourself and maybe, hopefully, even a new way of thinking “for” yourself. It is also meant to augment current psychology which, can get very deep at times. My hope and desire here was to create a Science that spoke in more laypersons terms and was easier for all to understand and embrace.

Under this umbrella, you have also been introduced to the five facets that make up this Science. In order, from the starting point for this Science, you discovered: **DotsDoConnect®**, **Aftermathions®**, the **Individual Influence Level™**, **Quadrantic Cognition®**, and then finally, **The WYLIWYG® Principle**.

I hope you enjoyed these, learned something new and helpful, and will review them. From here, I will break the Science down through each of the five individual facet, and **Human Mechatronics®** itself, with more posts on what they mean and can do for you, many short videos, and specifically designed mnemonics enabling you to more easily remember and put into practical use, what you have learned here. Let ‘er rip and let’s keep growing!

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