
Human Mechatronics™

"How we: are created, are connected, and create motion" - The 3Cs of HM™

Mechatronics is about machinery, referring specifically to non-human operations that are required for industries such as manufacturing. Coined in 1969 by the Japanese, it has become a keyword or buzzword as one might say, to describe the composition of machinery mechanics and abilities. Being taught at world-class universities whose graduates are highly sought after, mechatronics deals with mechanical objects/equipment that move, i.e., robotics, automated systems, material transferring components and systems, and the like.

I created "Human Mechatronics™" to be an adaptation of Mechatronics. To be a Human, is to be a "Human Machine." We are a machine. We humans are the most amazing and complex machine ever built. Regardless of the incredible machines created by humans, such as robots, computers, rockets, the James Webb Space Telescope, and the incredible LHC (Large Hadron Collider) - located 574 feet underground at CERN on the France-Switzerland border - we humans are far more amazing than any of those. How, and why you might ask? We marvel at those machines yet so often take ourselves for granted and then eventually wonder what, why and how things went wrong. We must never take our existence for granted!

We humans are: designed, procured (gathered together) in a way beyond our comprehension, and created by some Devine entity which is not human - into an object - into us; a product that has endless possibilities to what it, what we can do and accomplish. To understand Human Mechatronics™ is to understand our Human Machine and what and who we are, and how we function. When we achieve an understanding of the 3Cs of HM™, we achieve the following: a higher level of how we are created, how and why we are connected within, and how we can create motion - and how we can have a fun and a productively long life!

"Human Mechatronics™" is thus a new phrase and concept/science based on the existing term, "Mechatronics". Again, it is an "adaptation" from that word and science. I acknowledge that both terms and this talk might very well be brand new to you. I ask that you show patience and give me a chance to further explain. It is my hope and goal that it "will" mean something very positive to you.

In University Biology, the definition of "adaptation is: "a change or the process of change by which an organism or species becomes better suited to its environment." (Oxford). I promise we are not going that deep here - to university level. This is meant to be as simple as possible, using mostly layperson's terminologies and real-life examples, to help you understand how simple it is to drive towards your potential and live a life that is morally responsible, ethical, beneficial to humankind and, gives joy to your life.

HM, or Human Mechatronics™ is in fact just that - an adaptation to build your mental strength in a new and hopefully easier, and more logical way. The Personal Growth industry is a multibillion dollar industry. We all want to have the best and most enjoyable life possible for ourselves. I

don't think there's an argument to that. If there is, please reach out to me and let's chat. So many people are looking for ways to improve - or grow. That is excellent! Everyone should be a Polymath: person who has a never-ending thirst for learning. There are so many avenues, forums that try to help with this already. The numbers are countless for personal growth programs. In the past we have had: Bacon, Darwin, Wundt, Wertheimer, Freud, Yung, Adler, Hill, Bernays, Covey, Binet, Spearman, Wechsler, Hawkins and other more recent mental growth specialists and even pseudo-psychologists like Proctor, Tolle, Robbins, Redfield and Byrne, who have taken what was known at the time, added a bit of new science, and brilliantly spun it a new way to make it unique to their own idea hoping to reflect on current situations. People talk about paradigm changes and mindset vs. attitude. They are not wrong.

For the last decade, there has been a resurging push on the term, “Laws of Attraction,” as if this was a somewhat secret and magical concept that when understood, can lead to a life of eternal happiness. Currently in 2023, Noom seems to have sprung out of nowhere and is highly active on the television with their three-year psychological marketing strategy, advertising a mental aspect of blaming it on past generations. They believe this strategy is the next best thing. Weightwatchers has accomplished, quite successfully, their own way of helping a specific niche market that wants to control their weight. These, and others, are specific targeted markets chosen by corporations who want to make profits by focusing on people who want help. Is that a bad thing? Does it work? Do they help? I am sure they help many. Only you can answer for yourself but here’s the big question, are you answering with a clear and self-directing mind or, a mind that has been influenced to believe in something that preys on advertising to hook you promising to ease your frustration? The psychology behind it all can be seductive and manipulative, both sometimes for the good, and often for the bad.

There are so many of these aforementioned companies/strategies that I want to believe that they try their best by providing a supposedly needed service - and that many do indeed help. I can’t help feel however, that if they just went a bit deeper into what they factor in - include more of what makes us, the consciously thinking human tick - that it would take it all to the next needed level and help so much more. “Deeper” meaning, look at – observe, the practical side of what one’s life is made up of, and study deeper than what’s just mentally on the surface. It would end up simplifying everything and enabling you (without capitalistic or controlling influence) to connect with the power you have untapped within your machine - the true and real power of your unique mind. Then, if you want to go a route that is all about power and control over others, you will have made that choice with your own mind, and not someone else’s. You will consciously have to live with that choice until you learn and accept how and why you were influenced by others. That is my mission with Human Mechatronics™. This is what we will discuss and learn about here.

The process of Human Mechatronics™, and all the parts you will discover here, is designed to take everything you have come to know, and everything you do not know yet - and pull it all together into a simple approach to help become easy reminders providing the focus to guide yourself, clear minded, to be the best you can be, and to bring peace and happiness into your life.

It is, however, a process. A process, when being altered, is somewhat clean going in, gets messy and confusing as it is subjected to the process, then comes out relatively clean. With the mechanics of machinery, those three steps are controlled by others implementing the changes and usually comes out exceptionally clean. In Human Mechatronics™, it is you and just you that are accepting and agreeing, honestly to yourself, to implement those changes. Human

Mechatronics™ will provide the tools and the guidance. To successfully accomplish the process change however, it is you and you alone that needs: to accept and understand, to activate the changes, and to be accountable to yourself: “The 3As of Growth™.”

Before we end here and give you a break from all these new words and concepts, maybe the following will help pull it all together for you. Let’s step back to what the core of Mechatronics is. There are three engineering facets to Mechatronics: Mechanical Engineering: the ability to create a mechanical product, Electrical Engineering: the ability to design, create and install an electrical system to connect all the parts of the product, and Software Engineering: the designing and installation of the programming that puts that product into an organized motion.

There are therefore, three “engineering” facets to Human Mechatronics™: First, there is the Mechanical Engineering: somehow we were designed and created to be the mechanical product we are. Then Electrical Engineering: all the electrical connections - the synapses, neurotransmitters, interconnected axioms, etc...that connect all the parts of “us” - the product; inside and out. Finally, and most important, there is the Software

a.k.a. Brain Engineering - the brain and thus the mind - the designing and installation of the programming that creates motion in an organized manner to allow “you” to do what you want to do with all of the following attached : happiness, sadness, pain, love, ambition, frustration, bliss, and so, so much more. In summary therefore, Human Mechatronics™ is about the creation of the human body: everything on the surface but especially everything within. Remember the 3Cs of HM™: Creation, Connection, and Create Motion.

In subsequent posts and videos, we will gradually break this down into the 5 Eyes of Human Mechatronics™. You see on this website: DotsDoConnect™, “Aftermath™”, “Individual Influence Level™”, Quadrantic Cognition™, and “WYLIWYG: Where You Look Is Where You Go®”.

Stay tuned! Don’t run away in fear of the unknown! Let’s get serious, learn how to “let ‘er rip”, and have some fun with growth!

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